



Dream Jar

Ingredients

Poster paint (in three different colours)

Glitter

Cotton wool or toy stuffing

Water

Equipment

Glass (or strong plastic) jar with a lid

Spoon

Method

1. Open the jar and fill halfway with water.
2. Add two spoonfuls of one colour of poster paint.
3. Using the spoon, stir until the paint is fully mixed in to the water.
4. Using your fingers and thumbs, gently pull apart the cotton wool to make it fluff up and add it to the jar.
5. Add some more water so that the jar is nearly full.
6. Add a spoonful of glitter to the jar.
7. Add two spoonfuls of your second colour of paint, there is no need to stir.
8. Finally, add two spoonfuls of the final colour of paint and screw the lid on the jar tightly.

