21st August 1986

Usain was born in Sherwood Content, Trelawny, Jamaica.

7th May 1999

Usain competed for his church in a local track meet.

15th June 2002

He got his first national attention at the Junior World Championships.

20ᵗʰ August 2003

Usain won another gold medal in the 200 meter dash at the World Youth Championships.

9ᵗʰ August 2004

Usain got put on the Jamaican Olympic Team. He was knocked out of the 200 meter preliminarys due to an injury.

31ˢᵗ May 2008

Usain broke the world record time in the 100 meter dash at the Reebok Grand Prix held in New York City.

26th August 2008

Usain won gold in the 100, 200, and 4x100 races.

18ᵗʰ August 2009

Usain won the 3 more gold medals at the World Championships held in Berlin.

18th August 2009

In the finals of the 100 meter Usain broke his own world record.

11ᵗʰ September 2010

Usain releases his new flavor of Gatorade called Bolt Lemon Ice.

5th August 2012

Usain breaks his Olympic record in the 100m metres, winning Gold in 9.63 seconds.

14th August 2016

Usain wins the 100m gold medal with a time of 9.81 seconds, making him the first athlete to win the event three times.