Armpit fudge

Want to try some alternative baking? All you need is a few tasty ingredients, a plastic zipper bag and your own armpit!

To make a single portion, you'll need:

- 50g icing sugar (half a cup)
- 1 tablespoon butter
- 2 teaspoons cream cheese
- A dash of vanilla essence
- 2 teaspoons cocoa

What to do:

Place all ingredients in a sandwich-size plastic zipper bag, squeeze out all of the air and ensure it's tightly sealed. Place the bag in your armpit and squish and jiggle it until all the ingredients are well mixed and it has a creamy consistency. To make it extra tasty, you can add in some extra flavours like raisins, peanut butter, nuts or some M&Ms. The mixture should be ready to eat now, so grab a spoon and enjoy!

