

22 April, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza Gluten Soya Milk herby diced potatoes sweetcorn coleslaw Egg	Hunters Chicken Milk Celery Gluten Soya potato balls broccoli & baton carrots	Pasta Neapolitan Gluten Soya Milk Mustard garlic bread Gluten Soya Milk crunchy vegetables	Roast pork, stuffing, gravy Gluten mashed potatoes Yorkshire pudding Milk Egg Gluten fresh cabbage & carrots	MSC Young's fish fingers Gluten Fish oven chips garden peas or baked beans
OPTION 2	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks	Cheese & tomato panini Gluten Milk Vegetable sticks	Jacket potato with the filling of the day, cheese MIIk baked beans tuna mayonnaise Fish Egg & crunchy vegetables	Pizza Sub Gluten Milk Vegetable sticks	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & garden salad
PUDDING	Chocolate & orange muffin	Shortbread cookie Gluten	Honey cake Milk Egg Gluten & custard Milk	Jelly & shortbread finger Gluten	Apple Flapjack Gluten





29 April, 20 May, 10 June, 1 July, 22 July 12 Aug, 2 Sept, 23 Sept, 14 Oct

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	MONDAY	TUESDAY	(WEDNESDAY)	THURSDAY	FRIDAY
MAIN	Quorn dippers wrap Gluten baby roast potatoes carrot sticks fresh coleslaw Egg	Spaghetti Bolognese Mustard Soya Gluten Fish crusty bread Gluten Sesame sweetcorn	Pork burger in a bun Soya Milk, Egg, Gluten Sesame Sulphur dioxide jacket wedges vegetable sticks	Nottinghamshire sausage & gravy Gluten Sulphur dioxide Yorkshire pudding Milk Egg Gluten mashed potato carrots & broccoli	MSC battered fish Gluten Fish oven chips garden peas or baked beans
OPTION 2	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks	Cheese & tomato panini Gluten Milk Vegetable sticks	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks	Pizza Sub Gluten Milk Vegetable sticks	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks
PUDDING	Noah's Apple sponge Egg Gluten & custard Milk Recipe from a pupil at Mapperley Plains primary school	Chocolate brownie Gluten	Frozen yoghurt Milk	Strawberry shortcake Milk Gluten	Chocolate crispy Gluten with strawberry milkshake Milk





15 April, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sept, 30 Sept

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	MONDAY	TUESDAY	(WEDNESDAY)	THURSDAY	FRIDAY
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk garlic bread Gluten Soya Milk & vegetable sticks	Hot Dog with Nottinghamshire Sausage Gluten Diced potatoes Sweetcorn & cucumber sticks	Chicken & coconut curry Milk Tilda mixed rice carrot & cucumber sticks	Roast gammon & pineapple roast potatoes carrots batons & broccoli	MSC fish finger wrap Gluten Fish chips garden peas or baked beans
OPTION 2	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks	Cheese & tomato panini Gluten Milk Vegetable sticks	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks	Pizza Sub Gluten Milk Vegetable sticks	Jacket potato with the filling of the day, cheese Milk baked beans tuna mayonnaise Fish Egg & vegetable sticks
PUDDING	Strawberry mousse Milk	Marble sponge Gluten Egg with custard Milk	Crispy lemon tart Egg Gluten with custard Milk	Ice cream tub <mark>міік</mark>	Butterscotch tart Gluten Milk

