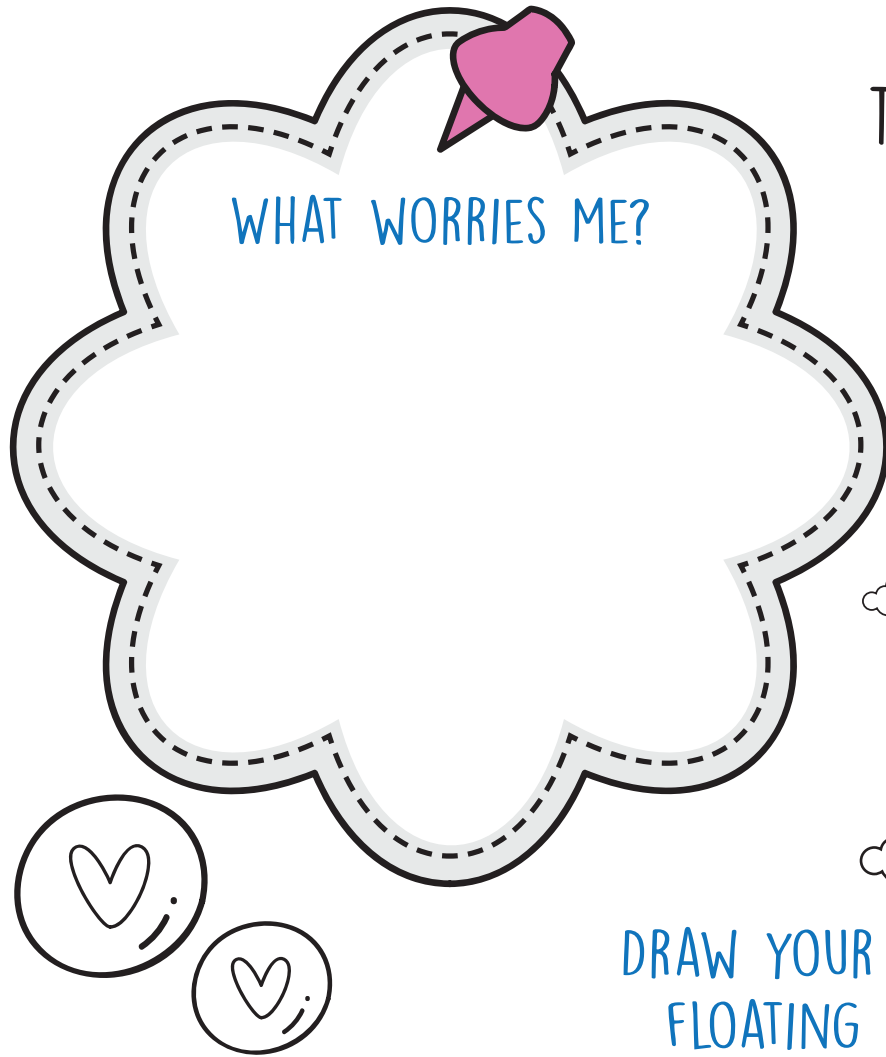
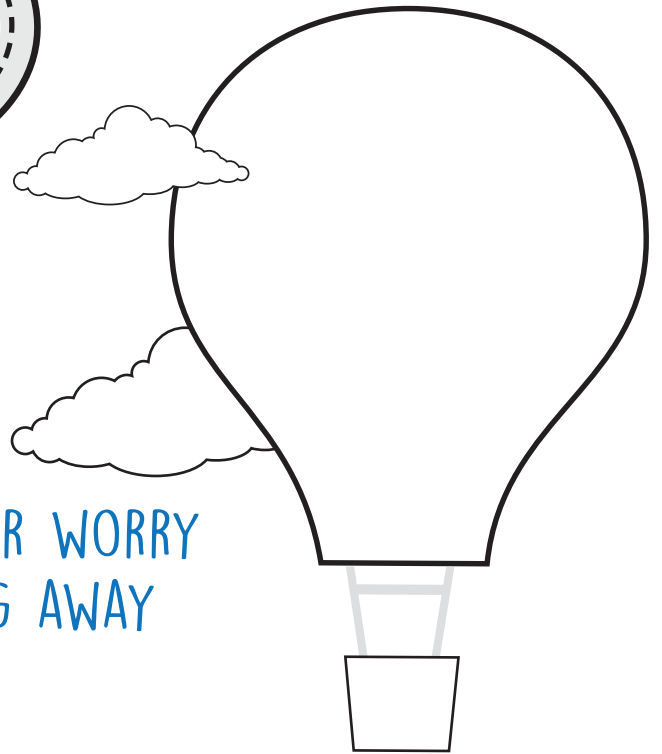


DON'T WORRY ABOUT IT!

#WellbeingWednesday



TALKING TO OTHERS
CAN HELP WITH
YOUR WORRIES



DRAW YOUR WORRY
FLOATING AWAY

HOW DO I FEEL TODAY?

