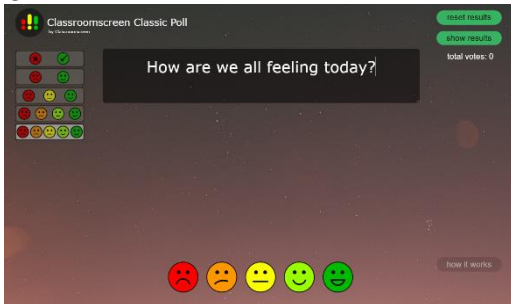


## Feelings and Emotions

This week we are focusing on supporting the children to talk about their emotions; we would encourage parents to inform us of any important information about how their child is coping via Class Dojo.

You could use last week's 'How are we feeling today?' graph creator to extend last week's work if you wanted to:



### [Classic Poll - Classroomscreen](#)

### **Talking about school**

It may help your child to draw a picture of themselves at school, with their friends perhaps, and talk to you about that. You could ask them what they are most / least looking forward to and see what aspects of the school routine they can remember (don't worry if they have forgotten lots of it). They could also have a go at drawing the things that they will need to put into their bag to get ready for school. They could even practise putting on and taking off their uniform and thinking about how it feels to wear it. The children's feelings may change over the course of next week which is why we are suggesting that you chat about school casually on several different occasions.

### **Books about emotions**

[In It Together | Returning to School After Lockdown | Twinkl Original Story - YouTube](#)

[Jack's Worry by Sam Zuppari \(Children's Book Read Aloud\) - YouTube](#)

["Anxious Ninja" by Mary Nhin and Jelena Stupar - Read Aloud Time! - YouTube](#)

[When i am feeling excited | Feeling and Emotion Management by BabyA Nursery Channel - YouTube](#)

[In My Heart: A Book of Feelings | Read Aloud Story for Kids - YouTube](#)

[When I'm Feeling Angry | by Trace Moroney - Read Aloud - YouTube](#)

### **More books to enjoy**

[Super Duper You by Sophy Henn - YouTube](#)

[Pete the Cat Rocking in My School Shoes - YouTube](#)

[Pete the Cat: I Love My White Shoes - YouTube](#)

[My No No No Day 📺 Kids Book Read Aloud 📺 - YouTube](#)

[The Rabbit Listened | Virtual Read Aloud | Listening | Shon's Stories - YouTube](#)