

**LOWER
PRIMARY**

AGE: 3-7

INTRODUCTION & DELIVERY



STOP AND THINK



STAY TOGETHER



FLOAT



CALL 999/112



ACTIVITY: WHAT SHALL WE PACK?

LEARNING OUTCOMES:

1

I know people should wear different clothing around and in the water

2

I know that being exposed to the sun without protection can burn my skin

Time: 20 mins | Format: Classroom activity | Maximum participation: 35



Lifeboats



RESOURCES REQUIRED

- ✓ A day by the water picture cards
- ✓ A day by the water sorting sheet

LOW TECH OPTION

- ✗ No tech necessary

EXTENSION ACTIVITY

Information about the Slip, Slap, Slop campaign can be found at en.wikipedia.org/wiki/Slip-Slop-Slap and original videos for the campaign can be accessed on YouTube.

INTRODUCTION

This active learning activity allows children to think about some of the important items they might need to enjoy a day by the water. Children are required to think about objects they think are important and sort them into categories based on their thinking.

DELIVERY

- Before the session begins, print out multiple copies of the images provided for this activity. Cut out the individual images and, if possible, laminate them for future use. Print out enough copies of the sorting sheet to allow for one per group or working pair (depending on how you structure the activity). Pictures have been provided for beach and inland water environments.
- To start the activity ask the class two open questions. What would you take with you to the beach? What would an adult think is important to take to the beach?
- Divide the group into pairs or small groups and give each group/pair a set of cards and a copy of the sorting sheet.
- Explain that today they are going to be heading to the beach / waterside in their imaginations but there is so much to pack that you need them to help you sort out the most important things to take with. Set the scene of a warm, sunny day. To make the activity locally relevant you may want to add pictures of local waterside locations that the children will recognise.
- Ask children to sort through the cards, identify what is on each one and then place it into either the 'not important', 'quite important' or 'very important' column depending on how they rate it for a day by water. For the items deemed 'very important' children should think about why they have made this choice.
- Once all children have completed this task, work through each item and find out where each group has placed the item. Groups should be encouraged to explain their decisions if possible.
- This activity provides a suitable channel in which to communicate the basics of sun safety and ensure children understand the importance of having sun lotion applied and wearing a sun hat.

DIFFERENTIATION

- Mixed ability groups can be encouraged for this activity.
- Stretch students by asking them to select only three items to pack so they have to think hard about what is most important.

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