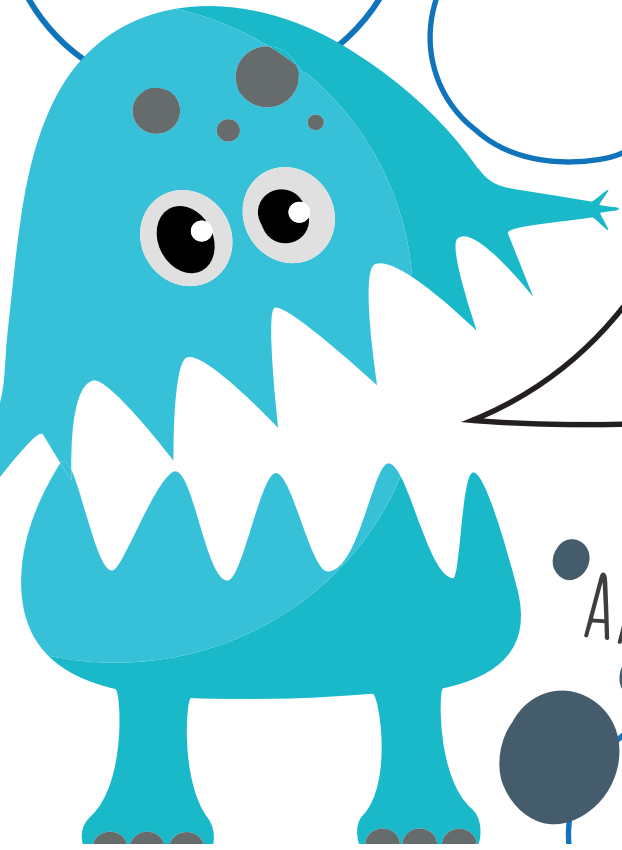


# HAVE A WHALE OF A TIME

#WellbeingWednesday

CAN YOU LIST  
ACTIVITIES IN THE BUBBLES,  
THAT MIGHT RELAX YOU?



DRAW YOUR FAVOURITE ACTIVITY IN HERE!

AAAAAH OOOOHH

EEEEAAH OOOOHH