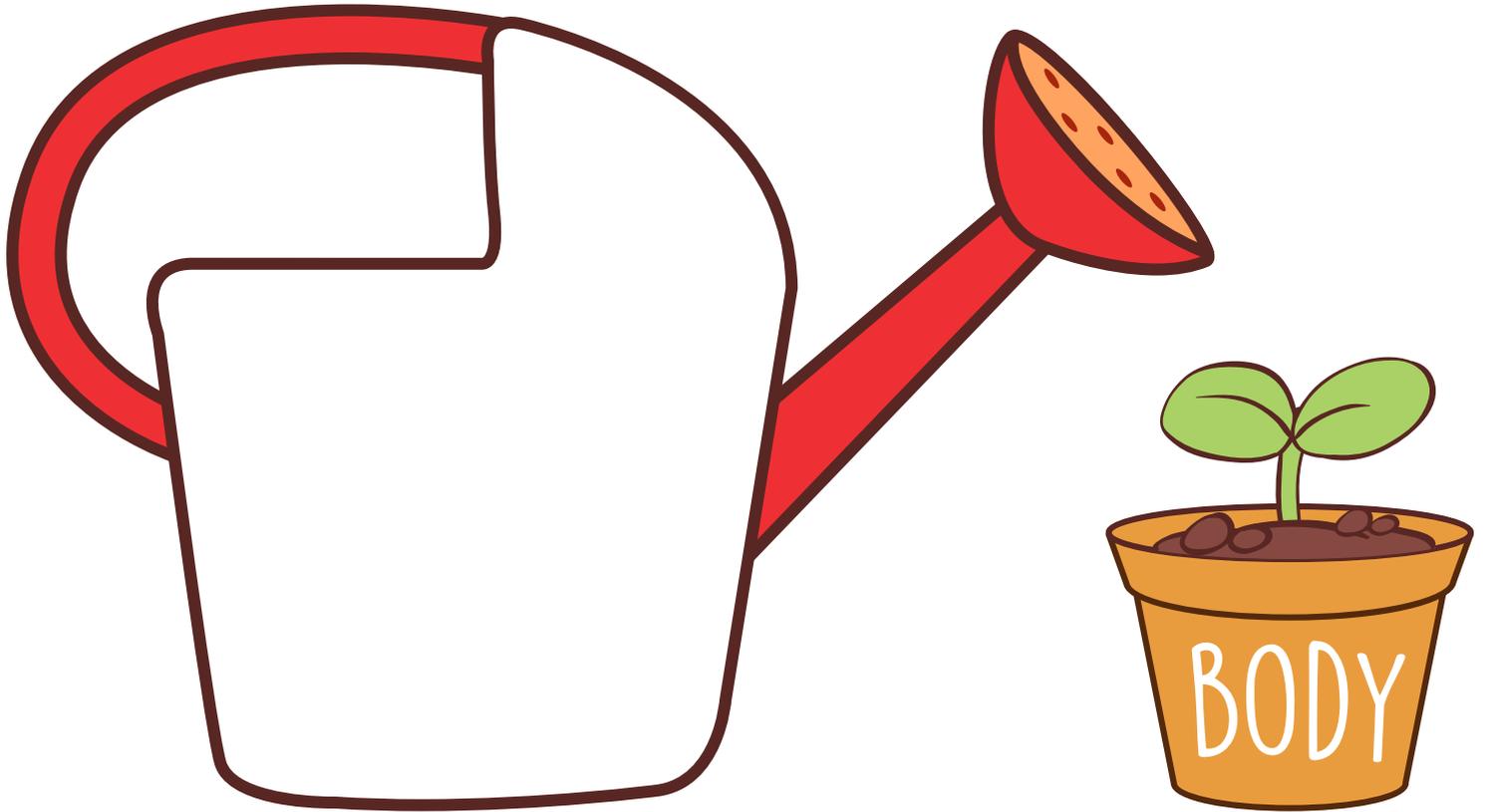
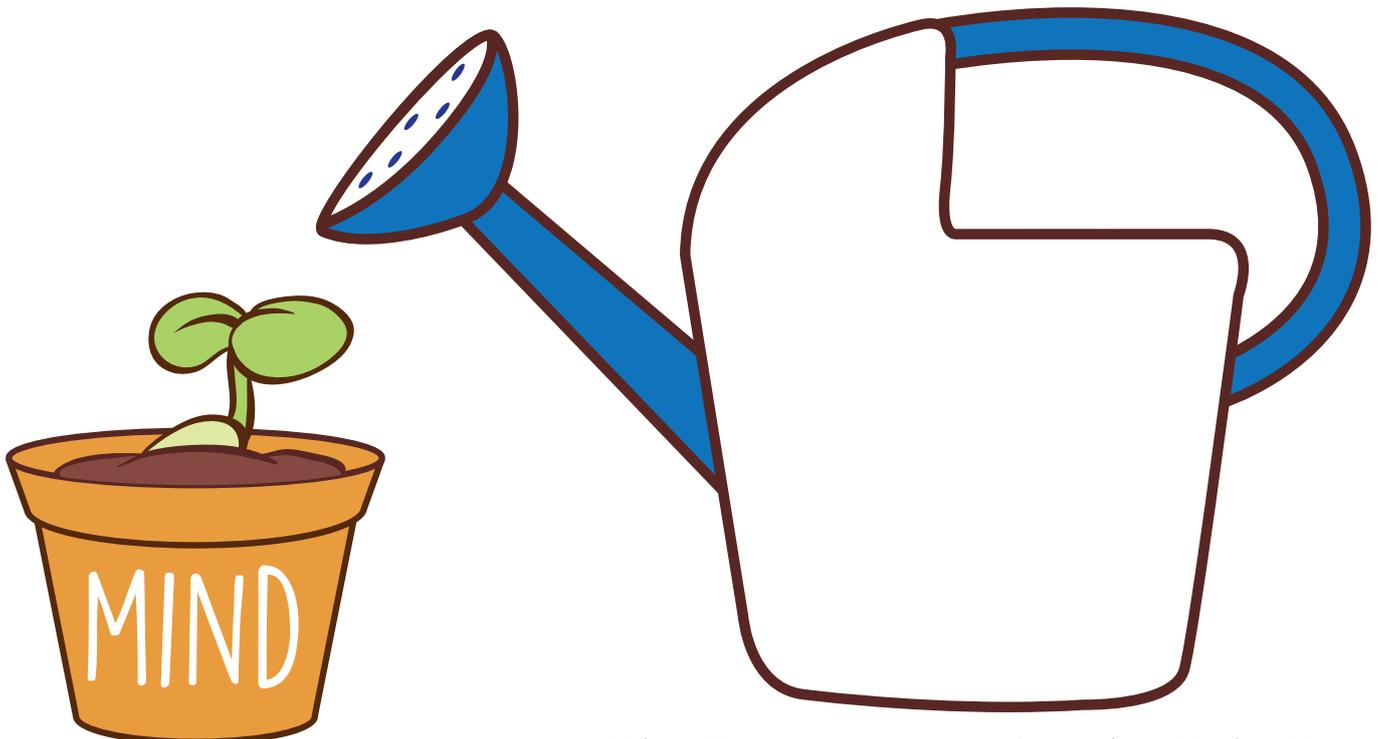


KEEP ON GROWING

THE RIGHT THINGS HAVE TO GO IN, SO YOU CAN GROW.



HOW DO I KEEP MY BODY HEALTHY?



WHAT HELPS MY MIND STAY HEALTHY?