

Autumn / Winter Menu Week 1

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage and Bean Wholewheat Pasta Bake, Garlic Bread with Sweetcorn & Broccoli 	Chicken Tikka Curry, Mixed Wholegrain and White Rice with Carrots & Peas 	Roast Gammon, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy 	Wholemeal Pizza: Margherita Pizza with Home-baked Potato Wedges Broccoli & Sweetcorn 	Fish Fingers, Chips with Peas & Baked Beans 
Main Meal Option 2	Vegetable Sausage and Bean Wholewheat Pasta Bake, Garlic Bread with Sweetcorn & Broccoli 	Vegetable Meatball Masala on Yellow Mixed Rice with Garden Peas & Carrots ^{VG} 	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy 	Butternut Squash and Tomato Pasta Bake with Broccoli & Sweetcorn ^{VG} 	Crispy Vegetable Fingers with Chips, Garden Peas & Baked Beans ^{VG} 
KS2 Junior Deli	Shawarma Spiced Chicken in a Bun with Slaw & Mixed Salad	BBQ Chicken Flatbread with Rice & Salad	½ Cheese & Tomato Pizza Panini with Roast Potatoes	Cheese & Ham Pizza Slice	
Hot & Tasty Pasta Pot	Pasta Twists served with Tomato & Basil Sauce				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 				
Dessert KS1	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit	Yoghurt & Fruit
Dessert KS2	Chocolatey Cornflake Crispy Cake ^{VG}	Gingerbread Cookie	Orange Jelly	Marble Sponge & Custard	Brownie

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.