Round Hill Primary School
'Dream, believe, achieve together'
✓ Reflecting
✓ Daring
✓ Persevering
✓ Dreaming
✓ Together

Round Hill Primary School
Foster Avenue
Beeston
Nottingham NG9 1AE
Head Teacher - Adrian Nash *B.Ed (Hons) NPQH, NPQEL*
Tel: 0115 9179262
office@roundhill.notts.sch.uk
www.roundhill.notts.sch.uk

26th November 2026

Dear Parents/Carers

Over the last few weeks the whole school has been discussing the NSPCC's Underwear Rule in our assemblies.

During these discussions we aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse. PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with us, more information can be found at www.nspcc.org.uk/underwearrule The assemblies/lessons will be delivered in a way that's fully age-appropriate. More information about the Underwear Rule, including a short film and a parent guide can also be found via the above NSPCC link.

If you have any questions or concerns, please don't hesitate to get in touch.

Yours faithfully
Adrian Nash
Head Teacher
Round Hill Primary School