Round Hill Primary School
'Dream, believe, achieve together'
✓ Reflecting
✓ Daring
✓ Persevering
✓ Dreaming
✓ Together

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November 18th, 2026

PAPAYA (Parents Against Phone Addiction in Young Adults) - The Tech Talk

Dear Parents/Carers,

A reminder that we are delighted to welcome **Dr Laura Spells**, a former GP and current CAMHS doctor, who will be leading an informative and practical session exploring the impact of technology, smartphones and social media on children and families.

Venue: Round Hill Primary School
Date: Tuesday 24th November
Time: 7.15 p.m. - 9.00 p.m.
(Tea and coffee available from 7.15 p.m. with the talk beginning at 7.30 p.m.)

This free session will provide parents and carers with practical advice and strategies to help children develop a healthy relationship with technology. Topics will include:

- Social media and its impact on young people
- Delaying a child's first smartphone
- Managing technology within the family
- Supporting children's wellbeing in a digital world
- Practical strategies that work for real families

Whether your child already uses technology regularly or you are planning ahead for future decisions, this promises to be an engaging, informative and thought-provoking evening.
Attendance is free, but registration is required.
Please register using the following link:

https://tinyurl.com/2w4bfewb

You can also scan the QR code displayed on posters in the school entrance lobby.
We hope that as many parents and carers as possible will take advantage of this valuable opportunity and look forward to seeing you there.

Yours faithfully,
Adrian Nash
Mr. Adrian Nash
Headteacher