Nottinghamshire
Family Hub
Network



November and December Newsletter

Welcome to our Chilwell and Beeston Family Hub Newsletter.

We provide opportunities and support for children and their families.

Please scan our QR code for more information about our Family Hub.

Our Christmas Events

Chilwell Christmas Joint Stay and Play and Under Ones
Wednesday 16th December
10-11.30am

Beeston Stay and Play
Thursday 17th December
10-11.30am

What's on?

Neurodevelopmental Support Team at Chilwell - Drop in sessions on **Tuesday 8th December** with a focus on **Managing Christmas**

Calling all Dads and Male Carers for a play event at **Chilwell** on **Saturday 14th November at 11am-2pm.** Children 0-11 years welcome!

Baby Week from 16th - 20th November
Lots of events on at the Family Hubs including storytelling, baby massage, forest school, etc.

See Broxtowe Family Network Facebook page for more details

Our Top Tip!

Potty Training

This allows them to become used to the potty ready for starting potty training aged 18 months+!

- Consistency is key! Once you have made a decision to start- stick with it to avoid confusing your child.
- Make sure your child isn't constipated as this can cause problems with your journey.
- Ensure your child is drinking enough througout the day- water and milk are best- try and avoid fizzy drinks and blackcurrant juices as these can irritate the bladder and make your child wee more!

Our Spooky Party







We had lots of Spooky fun at our Halloween Party!

Helping families get the right support at the right time

Nottinghamshire County Council